



SAVtakeOut.com

(912) 228-5092

http://www.savtakeout.com

Clean Eatz - Savannah

Clean Eatz offers fresh and flavorful good food choices for those of us looking to eat right
IT'S NOT A DIET, IT'S A LIFESTYLE

MELTZ

Includes a side choice

- Chicken Parm \$11.25
Chicken, spinach, mozzarella cheese, CE marinara sauce in a whole wheat wrap (cals 511)
- Epic Chicken \$11.25
Chicken, lettuce, tomatoes, 3-cheese blend, CE epic sauce in a chickpea wrap (cals 690)
- Queso Steak \$12.49
Shredded beef, lettuce, tomatoes, queso in a garlic herb wrap.

FLATBREADS

Includes a side choice

- BBQ Chicken \$11.25
Chicken, pineapple, mozzarella, BBQ sauce (cals 387)
- Bacon Chicken Ranch \$11.25
Chicken, bacon, mozzarella, ranch sauce (cals 348)
- Philly \$12.49
Shredded beef, peppers, mozzarella, red onions with spicy ranch (398 cal)

SNACKS

- Superfood Salad \$7.49
Superfood blend, broccoli, baby carrots, cucumber, Goddess sauce (cals 96)
- Pretzel Bites w/ Queso \$7.49
Whole Wheat pretzel bites with queso (cals 236)
- Buffalo Chicken Dip w/ Chipz \$7.49
Served with flatbread triangles (cals 391)
- Boneless Wingz \$8.15
Breaded chicken, cucumbers, choice of sauce (cals 382)

MAKIN MUSCLE

Includes a side of your choice

- The Arnold \$14.99
Shredded beef, brown rice, green peppers, mushrooms, lettuce, mozzarella and CE Buffalo sauce in a whole wheat wrap (cals 664)
- Big Boy 2.0 \$13.75
Chicken, brown rice, lettuce, corn and black beans, mozzarella and CE Sweet Chili sauce in a whole wheat wrap (cal 715)
- Clean Mac & Cheeze \$16.25
Choice of CE buffalo chicken, or BBQ shredded beef, wholegrain pasta, queso (cals 673)

BUILD YOUR OWN BOWLS

Add on options for protein and extras within

- Small Build a Bowl \$13.10
(cals 232-580)
- Medium Build a Bowl \$14.59
(cals 287-735)
- Large Build a Bowl \$16.10
(cals 342-815)

WRAPS

Includes a side choice

- Vegetarian \$11.25
Superfood blend, pineapple salsa, green chickpeas, zucchini in a chickpea wrap (cals 380)
- Meat & Taterz \$12.49
Shredded beef, lettuce, rosemary potatoes, queso, CE Chipotle Ranch sauce in a whole wheat wrap (cals 664)
- Hammerhead \$12.49
Salmon, spinach, bacon, CE Goddess sauce in a garlic herb wrap (cals 489)
- Bang Bang Shrimp \$11.25
Shrimp, superfood blend, cucumber salad, CE sweet chili sauce in a chickpea wrap (cals 471)
- Buffalo Chicken \$11.25
Breaded chicken, lettuce, tomato, blue cheese crumbles, CE buffalo sauce in a whole wheat wrap (cals 649)
- Watch Your Waist \$11.25
Grilled chicken, spinach, red onions, mozzarella cheese, CE Goddess sauce in a chickpea wrap (cals 523)
- Chicken Pesto \$11.25
Chicken, spinach, tomatoes, cucumber, bacon, CE kale pesto sauce in a garlic herb wrap (cals 545)

BURGERS

Includes a side choice

- Chipotle \$11.25
Lettuce, tomato, red onions, chipotle ranch dressing (cals 329)
- Clean Eatz \$11.25
Lettuce, tomato, bacon, American cheese (cals 392)
- Teriyaki \$11.25
Pineapple salsa, teriyaki sauce (cals 326)

SMOOTHIES

Protein smoothies 12 oz

- Dirty Peanut \$7.49
Chocolate whey protein, peanut butter, chocolate (cals 260)
- Mudslide Mocha \$7.49
Vanilla whey protein, cafe mocha (cals 440)
- Orange Pushup \$7.49
Vanilla whey protein, orange (cals 220)
- Tropical Bliss \$7.49
Vanilla whey protein, mango, peach (cals 300)
- Straw-Nana Blast \$7.49
Vanilla whey protein, strawberry, banana (cals 250)
- Frozen Chocolate Banana \$7.49
Chocolate whey protein, banana, chocolate (cals 290)
- Chocolate Covered Strawberry \$7.49
Chocolate whey protein, strawberry, chocolate (cals 255)
- Berry Berry Good \$7.49
Vanilla whey protein, strawberry, raspberry (cals 315)

SIDES

- Veggie Cup \$2.50
(cals 52)
- Mac & Cheeze \$2.50
Whole grain pasta (cals 233)
- Apple Slices with Peanut Butter Dip \$2.50
(cals 132)
- Sweet Potato Fries \$2.50
(cals 176)

BEVERAGE MENU

- Water \$2.49
- Flavored Tea \$2.49
- Unsweet Tea \$2.49
- Infused Water of the Day \$2.49

Need cutlery?

Cutlery only provided on request
Please include cutlery pack/s **

Standby for a phone call from our team

Our team may need to call you to confirm details about your order, directions or gain access to gated communities. Please ensure that your number provided on the order is accurate and readily available for answering. It helps us to deliver your order to you and ensures you receive the best service possible.

* **FOOD ALLERGIES** - Should you have any allergy concerns, please ensure to add this as a special instruction on your order to inform restaurants and be

contactable for questions. Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.