



SAVtakeOut.com

(912) 228-5092

<http://www.savtakeout.com>

# Cafe M

## Support your local restaurants and delivery services

**Food for thought.. 60% of earnings from orders made through the big national delivery companies instantly leaves our local community.**

**Authentic Parisian cafe featuring a variety of delectable sweet and savory menu items**

## SANDWICHES

Breakfast Sandwich	\$10.00
<i>Favorite! Signature seasoned scrambled eggs. Your choice of bread and cheese - Cheddar, Swiss, Brie or Mozzarella Cheese</i>	
Parisian Sandwich	\$9.00
<i>Ham, Swiss, salted butter, and deli pickles. Served warm. Your choice of bread.</i>	
Normandy Sandwich	\$10.00
<i>Brie, pears, ham, walnuts, salted butter, and mixed greens. Your choice of bread.</i>	
Provence Sandwich	\$10.00
<i>Mozzarella, prosciutto ham, sundried tomatoes, pesto, and mixed greens. Your choice of bread.</i>	
Savannah Sandwich	\$10.00
<i>Chicken salad, pecans, dried cranberries, and mixed greens. Your choice of bread.</i>	
Mediterranean Sandwich	\$10.00
<i>Seasonal hummus, roasted red peppers, deli pickles, and mixed greens. Your choice of bread.</i>	
Atlantic Sandwich	\$12.00
<i>Smoked salmon, tzatziki cream, cucumber, and mixed greens. Your choice of bread.</i>	

## SOUPS & SALADS

Roasted Red Pepper Bisque	\$7.00
<i>Bowl portion of soup served with baguette croutons</i>	
House Salad	\$8.00
<i>Grapes, cucumber, and dried cranberries. Served with baguette croutons.</i>	
Normandy Salad	\$15.00
<i>Brie, pears, ham, walnuts, and dried cranberries. Served with baguette croutons.</i>	
Provence Salad	\$15.00
<i>Mozzarella, prosciutto ham, sun-dried tomatoes, pesto, and almonds. Served with baguette croutons.</i>	
Savannah Salad	\$15.00
<i>Chicken salad, grapes, pecans, and dried cranberries. Served with baguette croutons.</i>	
Mediterranean Salad	\$15.00
<i>Seasonal hummus, roasted red</i>	

## TRADITIONAL QUICHES

### Served with green salad and fruit

Lorraine Quiche	\$13.00
<i>Bacon, onions, and cheese.</i>	
Veggie Quiche	\$12.00
<i>Broccoli, cauliflower, carrots, pesto, and cheese.</i>	
Salmon Quiche	\$14.00
<i>Premium Atlantic salmon, creamy spinach, and cheese.</i>	

## BREAD TARTINE

### Half Baguette or two slices of toast with option of spreads

Half Baguette Tartine	\$3.59
Three Toast Slices Tartine	\$3.59

## FRUIT & GRANOLA

Seasonal Fruit Salad	\$8.00
Oatmeal & Fresh Fruit	\$8.00
Low Fat Greek Yogurt, Honey & Granola Parfait	\$8.00
Low Fat Greek Yogurt, Fresh Fruit & Granola Parfait	\$9.00

## GOURMET BOARDS

Gourmet Board Brie & Ham	\$18.00
<i>Brie cheese, prosciutto ham, deli pickles, assorted nuts, and fruit. Served with French baguette.</i>	
Gourmet Board Vegan	\$16.00
<i>Seasonal hummus, roasted red peppers, deli pickles, assorted nuts, and fruit. Served with French baguette.</i>	

## BREAD

French Baguette	\$5.00
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## CROISSANTS

Half dozen Macarons	\$10.00
Berry Pie	\$6.00
Nutella & Banana Croissant	\$6.00
Chocolate Croissant	\$4.25
Plain Croissant	\$3.25
Honey & Banana Croissant	\$6.00
Peanut Butter & Banana Croissant	\$6.00
Peanut Butter & Jelly Croissant	\$6.00
Fruit & Cream Cheese Croissant	\$4.25

## MACARONS

Six Macarons	\$12.00
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## BEVERAGE MENU

### Hot Beverages

Americano	\$3.59
House coffee	\$3.25
Latte	\$3.99
Mocha Latte	\$4.89
Cappuccino	\$3.99
Macchiato	\$3.59
Hot Chocolate	\$3.89

### Cold Beverages

Iced Americano	\$4.09
Iced Latte	\$4.39
Iced Chocolate	\$4.29
Iced Bombay Chai	\$5.29
<i>Tea latte. Spiced black chai and vanilla.</i>	
Iced London Fog Tea	\$5.29
<i>Tea latte. Earl grey, lavender, and vanilla.</i>	
Coke	\$2.19
<i>Can</i>	
Diet Coke	\$2.19
<i>Can</i>	
Orange Juice	\$3.09
Apple Juice	\$3.09
Smart Water Bottle	\$2.49
Perrier Sparkling Water	\$3.09

## Need cutlery?

### Cutlery provided on request

Please include cutlery pack/s

## Standby for a phone call from our team

**Our team may need to call you to confirm details about your order, directions or gain access to gated communities. Please ensure that your number provided on the order is accurate and readily available for answering. It helps us to deliver your order and ensures you receive the best service possible.**

**\* FOOD ALLERGIES - Should you have any allergy concerns, please ensure to add this as a special instruction on your order to inform restaurants and be contactable for questions. Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.**

*pepper, sundried tomato, and  
almonds. Served with baguette  
croutons.*

Atlantic Salad \$17.00

*Smoked salmon, tzatziki cream,  
cucumber, and almonds. Served with  
baguette croutons.*