



SAVtakeOut.com

(912) 228-5092

<http://www.savtakeout.com>

Brighter Day

Support your local restaurants and delivery services

*Food for thought.. 60% of earnings
from orders made through the big
national delivery companies instantly
leaves our local community.*

*The team at Brighter Day are
passionate about bringing healthy
food to our community, supporting
local farmers, reducing our
environmental footprint and meeting
the needs of our customers. Brighter
Day is Savannah's only independently
owned natural foods market.*

*Minimum \$25 per order and a 10%
service fee on all orders is charged.*

Standby for a call from Brighter Day or
our team

*The Brighter Day team may need to call
you to confirm prices, offer alternatives
to items not in stock or ask other
questions concerning your order. Ensure
your phone is available to receive calls,
this will ensure you receive the best
service possible.*

Tipping your delivery driver is
appreciated

FRESH DELI SMOOTHIES

Iron Giant	\$7.69
<i>Pineapple, spinach, coconut milk powder, coconut water (16oz)</i>	
Turmeric Chai	\$9.89
<i>Banana, turmeric, chai spice blend, coconut milk, cashews, dates (16oz)</i>	
Vegan Breakfast	\$9.89
<i>Strawberries, banana, almond butter, oats, coconut milk, cinnamon (16oz)</i>	
Ginger Blues	\$10.99
<i>Blueberries, ginger, spinach, apple juice, coconut milk (16oz)</i>	
Super Green	\$10.99
<i>Kale, celery, mint, parsley, seasonal fruit, orange juice (16oz)</i>	
Make My Own Smoothie (12oz)	\$6.04
<i>Choose your own liquid and up to two fruit</i>	
Make My Own Smoothie (16oz)	\$7.14
<i>Choose your own liquid and up to two fruit</i>	

DELI SANDWICHES

Turkey Sandwich	\$9.12
<i>Turkey, Swiss, mustard, lemon pepper</i>	
Chicken Salad Sandwich	\$10.99
<i>With rosemary, garlic, lemon</i>	
Turkey Avocado Sandwich	\$10.99
<i>Turkey, avocado, mustard, lemon pepper</i>	

Turkey/Avocado/Baked Cheese Sandwich \$12.09
Turkey, avocado, baked cheese, mustard, lemon pepper

VEGAN DELI SANDWICHES

Avocado Sandwich \$7.25
Lentil Salad Sandwich \$8.24
With thyme, sage, garlic, celery, tamari
Tofu "Chicken" Salad Sandwich \$8.79
with rosemary, scallions, celery, lemon
Cucumber/Housemade Hummus Sandwich \$9.56
Ultimate Veg Sandwich \$10.99
Housemade hummus, cucumber, avocado, lemon pepper

VEGETARIAN DELI SANDWICHES

Baked Cheese Sandwich \$6.59
Baked Cheese/Avocado Sandwich \$8.79
Egg Salad Sandwich \$9.23
With capers, yellow mustard, salt, pepper

FRESH PRODUCE

Market prices fluctuate. Please specify the desired amount in pounds or pieces of the vegetable/fruit per item.

Avocados (organic)
Honeycrisp Apples (organic)
Sweet Potatoes (organic)
Carrots (organic)
Broccoli (organic)
Red Onions (organic)
Red Potatoes (organic)
Garlic Cloves (organic)
Celery (organic)
Clamshell Mushroom (organic)
Green Cabbage (organic)
Arugula (Virtu Farm)
Mandarins

Herbs & Spices

Market prices fluctuate. Please specify the desired amount in pounds

Frontier Organic Whole Elderberries
Per pound
Frontier Organic Hibiscus Flowers
Per pound
Frontier Organic Burdock Root
Per pound
Frontier Organic Cinnamon Sticks
Per pound
Frontier Organic Mullien Leaf
Per pound
Frontier Organic Lavender Flowers
Per pound
Frontier Organic Marshmallow Root
Per pound
Frontier Red Clover
Per pound

FROM THE FRIDGE

Alderfer Eggs Extra Large \$4.61
White Eggs (Dozen)

Organic Valley Half & Half	\$3.62
Organic Ultra (16oz)	
Organic Valley Whole Milk (64oz)	\$6.92
Organic Valley's Raw Sharp Cheddar (8oz)	\$6.37
Oatly Oatmilk Original (64oz)	\$5.82
Almond Breeze - Unsweetened Original (64 fl. oz)	\$4.72
Brown Cow Yogurt Cream Top Plain (32oz)	\$4.94
Mitla Organic Small 6" Corn Tortilla (10ct)	\$5.49
Mitla Organic Medium 9" Flour Tortilla (6ct)	\$6.59
Lightlife Foods Original 3 Grain Soy Tempeh	\$4.06
Follow Your Heart Soy Free Veganaise (32oz)	\$7.36

FROM THE FREEZER

Farmer Organic Chicken Tenders	\$13.96
Savannah River Farms Lean Ground Beef (2lbs)	\$12.09
Plainville Farms Organic Ground Turkey (16oz)	\$11.32
Beyond Meat - Hot Italian Sausage	\$9.89
Cadia Organic Frozen Pineapple (10oz)	\$4.39
Rudi's Organic Bakery Bread	\$8.24
Honey Sweet Whole Wheat (22oz)	
Cappello's Pizza - Pepperoni Uncured (12oz)	\$14.29
Cadia Organic Mixed Vegetables	\$4.39
So Delicious Coconut Milk	\$7.14
Chocolate Ice Cream (8pt)	

BULK FOODS

By the pound

Yellow Corn Grits (organic)	\$2.08
Garbanzo/Chickpeas (organic)	\$3.62
Turtle Black Beans (organic)	\$2.18
Long Brown Rice (organic)	\$4.72
Steel Cut Oats (organic)	\$2.92
White Quinoa (organic)	\$4.39
All Purpose Flour (organic)	\$2.15
Split Green Peas (organic)	\$3.29
White Popcorn Kernels (organic)	\$2.52
Natural Fine Sea Salt	\$1.05
Raw Whole Cashews (organic)	\$16.82
Pastry Flour (organic)	\$1.49
Golden Flaxseed (organic)	\$4.68
Yellow Cornmeal (organic)	\$1.42
Cashew Cranberry Granola (organic)	\$10.88
Shredded Coconut (organic)	\$5.49

GROCERIES

Bee City Honey - Pure Raw (8oz)	\$6.37
Koyo Mushroom Ramen With Organic Noodles (2oz)	\$1.75
GimMe - Organic Roasted Seaweed Snacks Teriyaki	\$2.63
Cadia Organic Black Beans (15oz)	\$2.08
Cadia Organic Sweet Corn (15oz)	\$2.74

Lakewood Organic Pure \$8.57
 Orange (32oz)
 Wild Planet - Wild Pink Salmon \$3.95
 (6oz)
 Muir Glen - Tomato Sauce \$3.62
 Organic (15oz)
 Braggs Organic Raw Unfiltered \$5.27
 Apple Cider Vinegar (16oz)
 Brown Rice Spaghetti (16oz) \$3.62
 Lundberg Organic Brown \$3.95
 Basmati Rice (32oz)

Drinks

Mountain Valley Spring Water \$3.62
 Premium Glass (1Ltr)
 Ten Alkaline Spring Water - pH \$1.31
 10, High in Electrolytes
 Bottle (16.9oz)
 Reed Extra Ginger Beer (12oz) \$1.86
 C2O Coconut Water (17.5oz) \$3.29
 Health-Ade Kombucha, Organic \$2.63
 Ginger-Lemon, a Bubbly
 Probiotic Tea (16oz)
 Montane Meyer Lemon \$0.98
 Honeysuckle Sparkling Water
 (12oz)
 Bragg Organic Apple Cider \$4.39
 Vinegar All Natural Drink Honey
 (16oz)
 Blue Sky Natural Soda Dr. B \$1.09
 can (12oz)

Bars

Lara Bar Organic Tumeric \$2.08
 Ginger and Beet (1.6oz)
 Lara Bar Peanut Butter \$2.04
 Peanut Butter Chocolate Chip \$3.07
 MacroBar (2oz)
 Nature's Bakery Raspberry Fig \$1.42
 Bars

Chips

Kettle Sea Salt & Pepper Chips \$1.86
 (1.5oz)
 Terra Sweets & Beets Chips \$5.05
 Good Health Gluten Free \$5.38
 Pretzels with Sea Salt (8oz)
 Vegan Rob's Probiotic Dragon \$4.72
 Puffs (3.5oz)
 Late July Organic Sublime \$3.51
 Multigrain Tortilla Chips (5.5oz)
 RW Garcia BBQ Corn Chips \$6.04
 (7.5oz)

Teas

Gaia Tea - Bronchial Wellness \$8.02
 (16 bags)
 Organic India - Tulsi Ginger \$7.14
 Turmeric (18 bags)
 Yogi - Lemon-Ginger Tea (16 \$5.49
 bag)
 Choice Organic Teas - Green \$5.38
 Tea (16 bags)
 Traditional Medicinals Organic \$6.37
 Green Tea Peppermint Tea (16
 bags)
 Traditional Medicinals Organic \$6.37
 Herbal Tea - Hawthorn (16
 bags)
 Traditional Medicinals Organic \$6.37
 Breathe Easy Seasonal Tea
 (16 bags)
 Traditional Medicinals Organic \$6.37
 Nighty Night Valerian (16 bags)
 Traditional Medicinals Organic \$6.37

Turmeric w/ Meadowsweet &
 Ginger (16 bags)
 Traditional Medicinals Organic \$6.37
 Peppermint Delight Probiotic
 Tea (16 bags)
 Rishi Tea Filters (100 filters) \$5.16

HEALTH & BEAUTY

Supplements

Nordic Naturals Omega \$42.01
 Curcumin
 Solgar PM Phytogen Complex \$31.12
 Balancing Formula for Women
 Solgar Whey to Go Protein \$18.69
 Powder Chocolate (16oz)
 Solgar Whey to Go Protein \$18.69
 Powder Vanilla (12oz)
 Gaia Astragalus Supreme \$32.66
 Immune Support
 Host Defense Mushrooms \$35.15
 Cordyceps Energy Support
 (30ct)
 MRM Tribuplex Lean Muscle \$22.61
 Brighter Day Multi Vitamin \$35.68
*iron, zinc, B-9 B-1 B-2 B-6 B-12
 magnesium*
 Peter's Acute Immune Formula \$14.07
 (1oz)
 Green Earth Medicinals CBD \$43.99
 Relief Cream (1oz)
 Natura Cardio Tonic BP \$35.74
 Terry Naturally Curamin Extra \$27.17
 Strength Pain Relief (30ct)
 Gaia Quick Defense Immune \$26.72
 Support (20ct)
 Thayers Slippery Elm Throat \$5.93
 Lozenges

Soap

Dr. Bronner's Pure-Castile Bar \$5.05
 Soap - Peppermint (5oz)
 Chandrika Ayurvedic Bar Soap \$1.86
 (75g)
 Dr. Bronner's Pure-Castile \$19.35
 Liquid Soap - Peppermint
 (32oz)
 Dr. Bronner's All-One \$6.92
 Toothpaste Peppermint (5oz)
 Grandpa's Soap Co. - Face & \$4.83
 Body Bar Soap Charcoal
 (4.25oz)
 Aura Cacia 100% Pure \$11.98
 Lavender Essential Oil (0.5oz)
 Aura Cacia 100% Pure Tea \$9.89
 Tree Essential Oil (0.25oz)
 Aura Cacia 100% Pure \$9.89
 Peppermint Essential Oil
 (0.5oz)

Feminine Hygiene

Natra Care Regular 16 Cotton \$9.56
 Tampons
 Natra Care Super Plus 20 \$9.56
 Cotton Tampons
 Natra Care 14 Ultra Pads \$6.37
 Natra Care 10 Maxi Pads \$7.69

CLEANING PRODUCTS

Seventh Generation Dish Liquid \$4.39
 Soap - Free & Clear (25oz)
 Ecover Liquid Non-Chlorine \$6.92
 Bleach (64oz)
 Natural Value Kitchen Scrubber \$1.75
 Sponge

Natural Value Scouring Pads \$7.69
(2pk)

How to order from the Shopping List

We are pleased to offer you the convenience of groceries delivered from Brighter Day Natural Foods Market. As a grocery store have many items on their inventory, it is difficult to list all their available items, though use the shopping list we have created for you to enter the items you wish to have delivered.

Standby for a call from Brighter Day or
our team

The Brighter Day team may need to call you to confirm prices, offer alternatives to items not in stock or ask other questions concerning your order. Ensure your phone is available to receive calls, this will ensure you receive the best service possible.

Shopping List

Click on each number down the list and enter your desired item, size and quantity under each one. If you are familiar with the brands they stock, please provide name.

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